

**Baptism Preparation Class**

Thursday, Feb 9, 7PM at Risen Christ for parish members who hope to celebrate baptism of an infant & children to age 6. Call the parish office if you wish to attend.

**Health News - Health Ministry**

How can I lose weight? I bet you already know the answer. How many calories you consume must be **less than what your body uses**. There are 3,500 calories in one pound. If you decrease your daily caloric intake by 200 calories you can lose one pound in 18 days. Increase the number of calories you burn by exercising and eating foods high in monounsaturated fatty acids such as nuts and avocados. It sounds so simple, right? It is, but the problem is that most of us don't have the willpower to do it. To improve your chances of success find someone to answer to, weigh yourself, and track your daily exercise and food intake.

**Blood Pressure Screening—Sunday, February 5<sup>th</sup>  
after 8:30 Mass in parish nurse office**

**Weekday Liturgy Schedule Week of Feb 5<sup>th</sup>  
Friday at 8:30AM**

**Casino Night—Mardi Gras**  
Saturday, February 18<sup>th</sup>

We need volunteers in these areas:

Game Dealers Child Care Ticket Sales Bingo Food  
Bartenders Set Up Clean Up Dessert Auction

**Great Prizes**

- 1<sup>st</sup>: Laptop Computer
- 2<sup>nd</sup>: Xbox 360 with Kinect
- 3<sup>rd</sup>: Kindle with Gift Card
- 4<sup>th</sup>: Elliptical Exerciser
- 5<sup>th</sup>: Youth Mountain Bike
- 6<sup>th</sup>: Portable DVD Player

**All proceeds go to reduce the church mortgage debt**

**To Donate or Volunteer**

Contact Gary Pabalis: 562-6285

**Parish Garden Meeting**

The Risen Christ Gardeners will have a **brief meeting** on **Sunday, Feb 5<sup>th</sup> at 9:45** (after the 8:30 Mass) in the social hall. It is an opportunity to hear what we are planning & discover how we might help you. Hope to see you, *Weeb Martin*

**Weight Loss Group**

A weight loss group led by Anita Babineau is being formed. If interested plan to attend an initial meeting on Wednesday, Feb 8 at 5:30PM in classroom 1.

**Detailed Religious Ed,  
Youth Ministry Info**

**Confirmation** - The next Confirmation meeting is Feb 12 from 6-7:30PM. Sponsors are always welcome to join us. For more information please contact Mark Henry.

**ICYC Registrations** forms are due back Feb 10 and **NO LATE REGISTRATIONS WILL BE ACCEPTED**. For more info please check out the bulletin board outside of the Social Hall or please contact Mark Henry with questions.

**Religious Ed (RE) & Youth Ministry (YM) Fees** - We are about half way through the RE & YM year & we are still accepting payments. For some families the option of making payments works best. If there are some families who are having a hard time with this please do not hesitate to contact Mark Henry & something can always be worked out.

**No classes on February 19, It is Presidents Day weekend & many students and their families will be out of town.**

**Dates to remember**

- Feb 12, 6-7:30PM Confirmation Mtg
- ICYC March 9, 10 & 11, 2012
- April 13, 6-8PM First Eucharist Retreat
- April 14, 5PM Mass First Eucharist

**Parish Events**

**February**

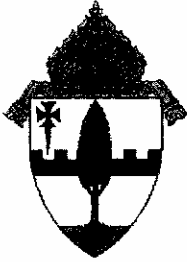
- 6 - RCIA, 5PM, Rm 5
- 6 - Bible Study, 7PM Rm 3
- 6 - WG Tea Meeting, 7PM Rm 1
- 7 - Knights of Columbus, 7PM
- 7 - YA Catholicism, 7PM
- 8 - Weight Loss Mtg, 5:30PM Rm 1
- 8 - RCIC, 6PM
- 8 - Prayer Shawl, 7PM
- 8 - Casino Night Mtg, 7PM
- 9 - Baptismal Prep Class, 7PM
- 9 - Reconciliation & Adoration, 6PM Mass, 7:30PM
- 11 - Men's 4<sup>th</sup> Day, 7-8:30AM

**Religious Education**

**February**

- 5 - NO CLASS - ALL GRADES
- 12 - Preschool-Grade 3, 12-1PM
- 12 - Grade 4-Grade 12, 6:00-7:30PM
- 12 - Confirmation Group, 6-7:30PM
- 19 - NO CLASS - ALL GRADES

**Please return your Debt Reduction Pledge Cards to the office or in the collection basket by Feb 12.**



## DIOCESE OF BOISE

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January 27, 2012

My Dear Brothers and Sisters in Christ,

On January 20<sup>th</sup>, the United States Department of Health and Human Services issued a rule mandating that contraceptives, abortion-inducing drugs, and sterilization be included at no cost to the insured in all health care plans. This means that health insurers will be forced to include these immoral "services" in their health plans and that every employer, *including Catholic parishes, schools, hospitals, charitable organizations, and social service agencies*, will be forced to provide and pay for this coverage that is a clear violation of Catholic teaching.

This decision by the Department of Health and Human Services rejected the strong appeals made by hundreds of religious institutions and hundreds of thousands of concerned citizens who had vigorously argued against the mandate and encouraged a broader exemption that would include religious institutions and ministries. This decision poses a real threat to Catholic Church's capacity to offer adequate health care coverage for those who work in our parishes, schools, and various institutions.

As your Bishop, I urge you to speak out for the protection of conscience rights and religious liberty that are essential to the common good of our nation. I also urge you to contact your legislators and ask them to do all that is possible to reverse this unconscionable mandate.

As Americans and as Catholics, we are blessed with religious liberty which safeguards our right to live our principles and moral convictions. Our civil laws should fully recognize and protect our right, obligation, and opportunities to participate in society without being forced to abandon or ignore the central moral convictions of our Catholic faith. Please join me in making your voice known as together we join other people of faith in rescinding this unjust Health and Human Services mandate!

Sincerely yours in Christ,

A handwritten signature in cursive script that reads "Michael P. Driscoll".

Most Reverend Michael P. Driscoll, M.S.W., D.D.  
Bishop of Idaho